

YOLANO DISTRICT



Newsletter of the Yolano District, Golden Empire Council, Scouts BSA

January 2020

Welcome 2020

By David Grundler, Yolano District Chairman

2019 has come to an end, and what a year it has been! We started out the year with the formation of our new district, and we are closing out the year welcoming West Sacramento, Clarksburg, and Rio Vista into the fold. We were sad to see the end of Tito Wa and Curahee chapters of the Order of the Arrow, and we celebrated the formation of our new chapter, Achach. We welcomed two new Scouts BSA Female Troops and saw them take top honors at Camporee, and we are saying our final goodbyes to 10 LDS packs and 11 LDS troops. We have transitioned from monthly district roundtables, to quarterly district connections meetings. 2019 has brought about a tremendous amount of change, and I wish I could tell you all that we are going to settle back into a comfortable routine, but we have a challenging future ahead that will bring about even more change.

2020 will provide us with more opportunities for celebrating scouting and its impact on our youth. Golden Empire Council will be celebrating its centennial anniversary, and we have exciting events and opportunities in the works. We have a strong district and council, but we also have some obstacles to overcome. The loss in membership with the departure of LDS and the increase in the California minimum wage will directly affect our operating budget. The good news is that our council is in a very strong financial position, but we face the reality of operating with a projected budget deficit over the next two years. We are making changes now looking toward the future, but as always, that future is uncertain.

Yolano district continues to lead the council in many metrics, and it is because of the tireless work of our volunteers. We have an impressive district staff that works hard to support our units, but more importantly, we have strong units. The time that each scouter puts into the program is an investment in our youth, and these investments will reap amazing dividends. Scouting works when everyone pitches in, and every job is important. Every position of responsibility from scoutmaster, to assistant den leader, to committee member, is a position that needs to be filled, and no one position is more important than any other. I want to thank all of you for being an integral part of this district, and I know that together we can make 2020 even better.

Important Dates:

Jan 17-19: International Sportsman's Expo at Cal Expo, Sacramento

Jan 25 & Feb 8: Merit Badge Weekends

Jan 31-Feb 2: Klondike Derby

Feb 6: District Connections, Vacaville

Feb 8: GEC 100 Anniversary Dinner

Feb 15: Pioneer Day Merit Badge, Vacaville

Feb 17: Presidents' Day. Council Office Closed

Mar 7-14: Scouting for Food

April 24-26: Camporee

May 7: District Connections & Recognition Dinner



Updated Medical Forms

By Michael Freeman, Associate Editor *Boys' Life*, *Scouting* and *Eagles' Call* Magazines

Every few years, the BSA updates its Annual Health and Medical Record (AHMR) after consulting with health care professionals, Scout executives, council and camp health officers and other experts to ensure it is up-to-date and helpful.

This was one of those years, meaning a new form is available for everyone to use for 2020. Your AHMR is valid through the end of the 12th month after the date it was administered by your medical provider. For example, if you got your physical on Nov. 3, 2019, it's valid until Nov. 30, 2020.

Next year will be a transition year, so you can use either the old or new form, but everyone in all Scouting programs must use the updated AHMR form starting Jan. 1, 2021. The old form will be obsolete at that date. So, the BSA recommends using the new form on your next physical exam or if you're a new participant in 2020.

Since at least the 1930s, the BSA has required the use of standardized health and medical information. The last time this form was updated was in 2014. The changes made this year were minor, such as some conditions listed in the health history section.

To download the new form, log on to <https://www.scouting.org/health-and-safety/ahmr/>. The Annual Health and Medical Record is required for Scouts and adult leaders who want to go on Scouting events, campouts and high-adventure trips. Note that there are different parts to the AHMR:

- **Part A** is an informed consent, release agreement and authorization that needs to be signed by every participant (or a parent and/or legal guardian for all youth under 18).
- **Part B** is general information and a health history.
- **Part C** is your pre-participation physical exam completed by a certified and licensed health care provider.

Which part must be completed?

- **For all Scouting events:** Part A and B. Give the completed forms to your unit leader. This applies to all participants for all activities, day camps, local tours and weekend camping trips less than 72 hours.
- **For events or camps:** Part A, B and C. A pre-participation physical is needed for resident, tour, or trek camps or for a Scouting event of more than 72 hours, such as Wood Badge and NYLT. The exam needs to be completed by a certified and licensed physician (M.D. or D.O.), nurse practitioner or physician assistant. If your camp has provided you with any supplemental risk information, or if your plans include attending one of the four national high-adventure bases, share the venue's risk advisory with your medical provider when you are having your physical exam.
- **For high-adventure trips:** Part A, B and C. Plus, each of the four national high-adventure bases (Florida Sea Base, Northern Tier, Philmont and the Summit Bechtel Reserve) has provided a supplemental risk advisory that explains in greater detail some of the risks inherent in that program. Please review these as some Scouts or leaders may not be physically or mentally able to handle the trek. Others arrive at a high-adventure base without discussing that base's risk factors with their health care provider, meaning they have missing info at check-in that can slow down the process.

How do I fill it out?

Please review and complete the AHMR fully and carefully. If you have any questions how to review it, read this BSA Safety Moment (<https://www.scouting.org/health-and-safety/safety-moments/how-to-review-the-ahmr/>) or look at these frequently asked questions (<https://www.scouting.org/health-and-safety/ahmr/medical-formfaqs/>). Remember, these completed forms must be secure, so they are not to be digitized, scanned, emailed or stored electronically by unit leaders.

Woodland Region Park

By David Grundler, Yolano District Chairman

The City of Woodland, Explorit Science Center and Tuleyome have joined together with the support of many stakeholders and educational and non-profit partners to create a new regional science and nature education center. The center will be located on a 2.5-acre site within the 165-acre Woodland Regional Park, located just east of Road 102 and south of Road 25 in Woodland.



A local scouter attended a public meeting regarding the park recently and was struck by all of the possible opportunities the development of this park creates for the local scouting community to help out and collaborate. A few things that come to mind are conservation service projects, eagle projects, working on portions of STEM Nova awards, nature merit badges, etc. She inquired with the presenters to see if they would be willing to put on another presentation for the local scouting community and they came up with a few possible dates: Monday, January 13th and Tuesday, January 21st (exact location TBD).

If you are interested in attending, please respond to the [Doodle poll](https://doodle.com/poll/cp5937vev9qw54gn) at <https://doodle.com/poll/cp5937vev9qw54gn> so we can determine which date would work best.

More information about the park can be found [here](http://tuleyome.org/projects/sciencecenter/) at <http://tuleyome.org/projects/sciencecenter/>

Order of the Arrow - Achach

Chapter meeting: Second Thursday of each month, 7-8 PM, Room 5 of the education wing at Davis Community Church (DCC), the corner of 4th and "D" Street in Davis.

American Indian dance and drum practice: Second and Fourth Thursday of each month, 6-7 PM, Room 5 of the education wing at Davis Community Church (DCC), the corner of 4th and "D" Street in Davis. Dance and drum practices are typically suspended for the months of July and August.

We serve Yolano District with dance presentations and ceremonies for pack meetings, Webelos crossovers, troop courts of honor, Eagle courts of honor, camporees and other special events.

Register: Online registration is available through Golden Empire Council's online event registration system. You'll be able to register for everything online that you can using the paper form, and pay by credit card or check. If you have any questions or problems registering online, please direct them to the lodge webmaster at webmaster@amanginacha.org.



February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 -Klondike Derby
2 -Klondike Derby	3	4	5	6 - District Connections—Vacaville	7	8 - Merit Badge Weekend - GEC 100 Anniversary Dinner, Sacramento
9	10	11	12	13	14 - Valentine's Day	15 - Pioneer Merit Badge, Vacaville
16	17 - Presidents' Day	18	19	20	21	22
23	24	25	26	27	28	29 Leap Day
						Submit newsletter corrections and articles to Diane Disharoon at newsletter@ydbsa.org .