

Backpacking Equipment Checklist

Name: _____
(Participant)

Body Weight: _____

Pack Weight: _____

(20% of Body Wt. + Food + Fuel)

Patrol Size: _____

PERSONAL GEAR:

- Backpack
- Sleeping Bag
- Foam Pad
- Ground Tarp
- Water Bottle
- Water Treatment
- Day/Fanny Pack
- Note Pad & Pencil
- Toilet Paper
- 6" Trowel
- (*) Pocket Knife
- (*) Compass
- (*) Map (To be issued)
- (*) Matches
- (*) 2 Candles
- (*) First Aid Kit
 - Band-aids
 - 2 Triangle Bandages
 - Neomycin Cream
 - Athletic Wrap
 - Moleskin
 - Aspirin/Ibuprofen
 - Sun Block
 - Insect Repellent
 - Lip Balm
 - Emergency Money
 - Personal Medicine

- Sewing Kit
- Garbage Bags (3 Min.)
- (*) Sunglasses
- (*) Flashlight, With Extra Batteries& Bulb
- Mess Kit & Cup
- _ " Nylon Cord (50' Min)
- (*) Spare Clothing
 - 1 pr. Pants
 - 1 pr. Hiking Shorts
 - 1 Lg. Sleeve Shirt
 - 1 Sht. Sleeve Shirt
- Underwear; 2 pair
- Handkerchiefs; 2 each
- Boot Socks; 2 sets
- Boots, Backpacking Quality
- Camp Shoes; 1 pair
- Sweater/Wool Shirt
- Windbreaker
- Rain Suit
- (*) Meal; 1 Extra
- Personal Toiletries
 - Towel
 - Hand Soap
 - Toothbrush/Paste
 - Clothes Washing Soap

PATROL/CREW EQUIPMENT:

- Tent (1 per 2 campers) or Ground Tarp for Ea.
- Stove; number dependent on crew size
- Fuel Bottle(s); quantity dependent on crew size & number of meals
- Cook Pots; 1 set
- Water Jug; 3 gal max
- Matches
- Food
- Bear Bags & Rope

(*) 10 Essentials

Do Not Bring!: Radios, Tape Players, Chairs, Cots, Hunting Knives, Hatchets, Axes, Saws, Weapons or Alcoholic Beverages. Fishing Poles will not be needed on this outing.

This is the maximum list, we don't expect any individual or group to need all of these items and certainly no more. A list of this sort (except for the levels of food and fuel) should more than meet your needs on any trip from a weekender to a 50 miler plus.