



OKPIK

(Aleut word for the Snowy Owl)

Snow Camping and Snow Outings can provide some of the finest Ultimate High Adventure Activities.

The Application of Cold Weather Camping skills begins when Temperatures approach 60degF.

Based upon the National BSA High Adventure, OKPIK Training Course, this Awareness Seminar covers the Skills and Techniques for Planning and Leading a Successful, Safe and Enjoyable Cold Weather Outing.

Professional quality, the High Adventure Team programs bring together experts from the Forestry Service, Rescue Ski Patrol, Outfitters, Physicians and Experienced Volunteer Scouters.

LOCATION: *Indoor*

Camp Pollock
467 Del Paso Blvd
Sacramento, CA 95815

DATES:

Indoor Saturday, Dec 7, 2019

Registration 6:30 AM

Class from 7:00 AM-5:00 PM

Outdoor Overnighter

SAT Jan 11, 9AM to 1PM, SUN Jan 12, 2020

COST: \$35.00 / person 1-6801-517-20

Includes the Indoor & Outdoor Seminars

Bring a sack lunch for the Indoor

No Refunds / No Late Registrations

Registration Absolutely Closes NOV 30, 2019

This program is designed to Compliment the Backpack Awareness Seminar, the High Adventure Team's Basic Outdoor Awareness Seminar.

As in all High Adventure Team Outdoor Awareness Seminars, Full Completion of the Program is not recognized until the material is used at the Outdoor Practical.

Registration for the Outdoor Practical is included in the Seminar OKPIK Fee. Completion of this program fulfills the Winter Training Requirement for a Klondike Derby experience.



This Program is open to all Scouting Adult and Youth Leaders. Youth MUST BE 15 years of age or older. Attendance is limited to 3 Adults and 2 Youth from each Unit. All youth attendees must be accompanied by an Adult (follow 2 deep leadership rules!). Similar Leaders of other Youth Organizations are Welcome.

All Participants must submit a Medical Form at the Indoor. With section A & B completed. The form will be returned at the end of the course.

QUESTIONS?

Email: bruce.somers@sen.ca.gov

Bruce Somers (HAT Chairman) (916) 813-2333

Laura Lovell (Staff Advisor) (916) 929-1417

Golden Empire Council HIGH ADVENTURE TEAM OKPIK Cold Weather Camping Seminar

Registration is available online only!

Please go to

[https://gec-
bsa.doubleknot.com/training/high-
adventure-training-hat/hat-
schedule/63199](https://gec-bsa.doubleknot.com/training/high-adventure-training-hat/hat-schedule/63199)

to complete your registration.

**Registration Absolutely Closes
November 30, 2019**

This event will sell out!!



Cold Weather Camping - An Awareness Seminar

Presented By:
BSA Golden Empire Council
High Adventure Team

Indoor Session

December 7th, 2019
Camp Pollack
467 Del Paso Blvd, Sacramento, CA 95815

Outdoor Practical

January 11th and 12th, 2020
Snow Camp
Lake Tahoe Area



SEMINAR TOPICS

COLD WEATHER and
SNOW CAMPING FUN

YOUR BODY and THE COLD

COLD WEATHER FIRST AID

FOOD and WATER

COOKING and SANITATION

EQUIPMENT -
CONCEPTS OF INSULATION
CLOTHES
FOOTWEAR
SLEEPING GEAR

HOME MADE GEAR

WINTER TRAVEL -
VEHICLE SAFETY
SNOWSHOES
SKIS

WEATHER

AVALANCHE SAFETY

MAP and COMPASS

COLD WEATHER CAMP LIVING

SNOW SHELTERS -
SNOW TRENCH
BLOCK HOUSE
EMERGENCY
IGLOOS

Golden Empire Council HIGH ADVENTURE TEAM Upcoming Courses

Basic Backpackers Awareness

Indoor April 13-14, 2019
Outdoor June 8-9, 2019

Cycling Awareness Training

May 11, 2019

Paddle Sports Awareness

Indoor May 8 & 29, 2019
Outdoor May 18-19, 2019

2020

Wilderness First Aid

February 8 & 9, 2020
Camp Pollock

467 Del Paso Blvd, Sacramento, CA

Wilderness First Aid

March 14 & 15, 2020
(Yuba City)

Wilderness First Aid

April 25 & 26, 2020

Saint Mel's Parish Church
4745 Pennsylvania Ave, Fair Oaks 95628